

[Test] 🦄 express yourself

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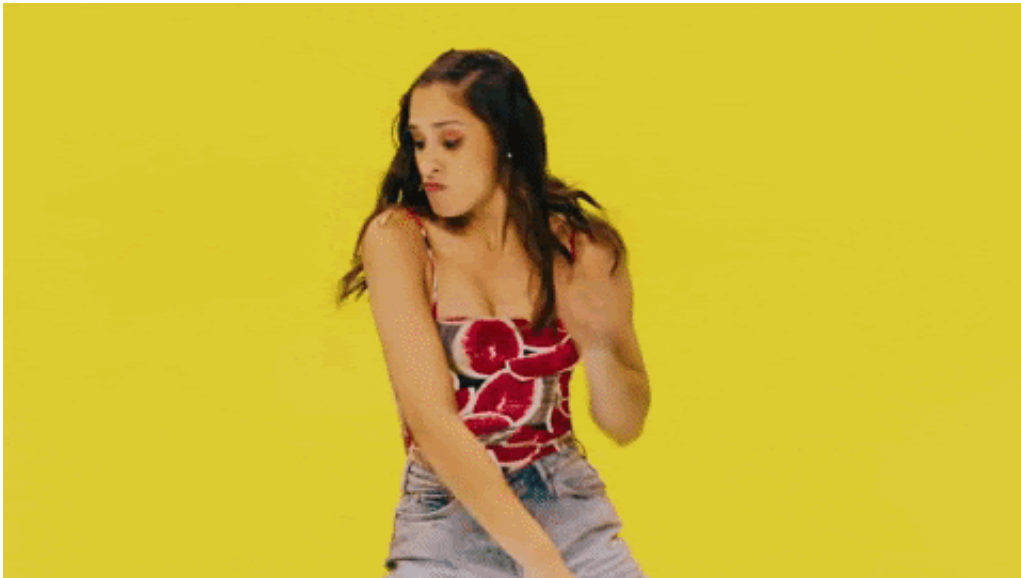
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Pan(*)Chisme



Válganos! The second quarter of 2022 has officially ended here at Pan(*)cha Zine! With summer in full swing, it's time to grab your iced cafecito and join us por un ratito so we can look back on the learning we did in the last few months.

In April, we kicked things off by highlighting self-expression through movement with a [plática](#) con 15-year-old [Andrea Bell](#). She shared how her CrossFit journey has challenged her to embrace herself and improved her confidence. Then, we had a [fun conversation](#) con [Chandler](#), about how her roller skating journey led her to join the Seattle skating community, her

appreciation of skating history and spreading the skating good word. We closed out the month [talking about dance](#) with [Aranivah](#), we learned how dance helped her connect to her community, her own culture, her body, and her autonomy.

In May, we focused on self-expression through media and [kicked things off with a chat](#) with [Tori Pool](#). She discussed finding her voice through comedy, carving a space for herself in a male-dominated industry, and how being on stage has brought her much healing. Then, we ended the month [platicando con las chicas](#) de [LatinxInGaming](#), [Cristina Amaya](#) and [Elaine Gómez-Sanchez](#), about expressing their identity through gaming and creating a safe and enriching community for gamers like them.

In June, we highlighted style as a method of self-expression and kicked things off with our [first plática](#) con [Mayra Mejia](#), who discussed defying the societal expectations of plus-size BIPOC womyn through fashion. We shifted into another polarizing form of self-expression with [our chat](#) with [Loba](#), who discussed her journey with Tatu medicine, connecting with her culture, and healing through the art of hand poke tattooing. We closed out the month [chatting](#) with [Kayla Guerrero](#), on asserting her independence through accessories and how her desire for more visibility and community fueled her to build her own business.

What a great experience has it been chatting and learning from these amazing people!

As we step into the next quarter, recuerda to keep an eye on the [Pan\(*\)cha Zine Instagram](#) so you don't miss out on our chats with badass womyn, and come ready to feel the love as we foster community.

You're already halfway through 2022, mijx! Pa delante!

Explore Further

Now we're wrapping up our months-long look into self-expression by releasing the second issue of the year: The Self Expression Issue, now available for pre-

order!



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